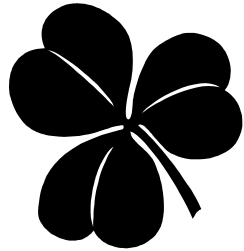


# NATIONAL NUTRITION MONTH®



## MARCH 2010 MENU

Mansfield Elementary School

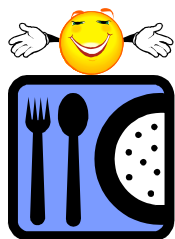
Daily Lunch: \$ 2.00

Milk: \$ .50

Mon	Tues	Wednesday	Thurs	Fri
<b>National School Breakfast Week- Join Us for Breakfast</b>				
Cheese Quesadilla Seasoned Corn Vegetable Sticks Grapefruit Smiles or 100% Juice Milk  Breakfast: Juice, Milk Cereal Variety Elementary Bag Lunch Cereal Lunch  March 1	Chicken Nuggets Smile Oven Potatoes Green Beans Applesauce or 100% Juice Milk  Breakfast: Juice, Milk Muffin Elementary Bag Lunch Bagel Lunch  March 2	Pasta with Meat Sauce Tossed Salad Mixed Vegetables Chilled Peaches or 100% Juice Milk Breakfast: 100% Juice, Milk Cereal Variety or Whole Grain Pop-Tart® Elementary Bag Lunch Peanut Butter & Fluff  March 3	Stuffed Crust Pizza Garden Salad Vegetables Chilled Pears or 100% Juice Milk  Breakfast: Juice, Milk Breakfast Pretzel Elementary Bag Lunch Egg Salad Sandwich  March 4	Macaroni & Cheese Broccoli Spears Celery Sticks Orange Smiles or 100% Juice Milk  Breakfast: Juice, Milk Cereal Variety Elementary Bag Lunch Tuna Salad on Wheat  March 5
Hot Dog on a Bun Vegetarian Baked Beans Oven Potatoes Orange Smiles or 100% Juice Milk  Breakfast: Juice, Milk Cereal Variety Elementary Bag Lunch Cereal Lunch  March 8	Chicken Tenders Seasoned Noodles Sweet Peas Vegetable Sticks Peaches & Cream or 100% Juice Milk  Breakfast: Juice, Milk Bagel with Cream Cheese Elementary Bag Lunch Bagel Lunch  March 9	Loco Bread with Taco Meat Lettuce & Tomato Fluffy Rice Pineapple or 100% Juice Milk  Breakfast: 100% Juice, Milk Cereal Variety or Whole Grain Pop-Tart® Elementary Bag Lunch Peanut Butter & Fluff  March 10	<u>Johnny Appleseed Day</u> Cheese Pizza Mixed Vegetables Garden Salad Chilled Fruit Choice or 100% Juice Milk  Breakfast: Juice, Milk Pancakes Elementary Bag Lunch Egg Salad Sandwich  March 11	Toasted Cheese on Whole Wheat Tomato Soup Sliced Vegetables Fresh Fruit Cup or 100% Juice Milk  Breakfast: Juice, Milk Cereal Variety Elementary Bag Lunch Tuna Salad  March 12

Alternate lunch choices include all five food group components. Cereal is a daily alternate breakfast. All juice drinks are 100% juice.  
 This menu is subject to change without notice.

Mon	Tues	Wednesday	Thurs	Fri
<p>Hamburger on a Bun Spicy Curly Fries Coined Carrots Applesauce or 100% Juice Milk</p> <p><u>Breakfast:</u> Juice, Milk Cereal Variety</p> <p>Elementary Bag Lunch Cereal Lunch</p> <p style="text-align: right;">March 15</p>	<p>Hot Ham &amp; Cheese Bagel Vegetable Sticks Baked Doritos Chilled Peaches or 100% Juice Milk</p> <p><u>Breakfast:</u> Juice, Milk Blueberry Waffle</p> <p>Elementary Bag Lunch Bagel Lunch</p> <p style="text-align: right;">March 16</p>	<p><u>St. Patrick's Day</u> Pasta with Meat Sauce Tossed Salad Celery Sticks Chilled Pears or 100% Juice Green Sherbet Cup Milk <u>Breakfast:</u> 100% Juice, Milk Cereal Variety or Whole Grain Pop-Tart®</p> <p>Elementary Bag Lunch Peanut Butter &amp; Fluff</p> <p style="text-align: right;">March 17</p>	<p>White French Bread Pizza Garden Salad Mixed Vegetables Fruit Wedge or 100% Juice Milk</p> <p><u>Breakfast:</u> Juice, Milk Pancakes</p> <p>Elementary Bag Lunch Egg Salad Sandwich</p> <p style="text-align: right;">March 18</p>	<p>French Toast Sticks Egg Pattie Oven Potatoes Orange Smiles or 100% Juice Milk</p> <p><u>Breakfast:</u> Juice, Milk Cereal Variety</p> <p>Elementary Bag Lunch Tuna Salad</p> <p style="text-align: right;">March 19</p>
<p><b>No School</b></p> <p style="text-align: right;">March 22</p>	<p>Fun Shape Chicken Nuggets Oven Potatoes Cucumber Slices Fresh Fruit Cup or 100% Juice Milk</p> <p><u>Breakfast:</u> Juice, Milk Cereal Variety</p> <p>Elementary Bag Lunch Bagel Lunch</p> <p style="text-align: right;">March 23</p>	<p>Stuffed Bread Sticks Meat Sauce Salad Mix Fruit Wedge or 100% Juice Milk</p> <p><u>Breakfast:</u> 100% Juice, Milk Cereal Variety or Whole Grain Pop-Tart®</p> <p>Elementary Bag Lunch Peanut Butter &amp; Fluff</p> <p style="text-align: right;">March 24</p>	<p>French Bread Pizza Tossed Salad Green Beans Peaches &amp; Cream or 100% Juice Milk</p> <p><u>Breakfast:</u> Juice, Milk Breakfast Pretzel</p> <p>Elementary Bag Lunch Egg Salad Sandwich</p> <p style="text-align: right;">March 25</p>	<p>Toasted Cheese Tomato Soup Celery Sticks Fresh Fruit Cup or 100% Juice Milk</p> <p><u>Breakfast:</u> Juice, Milk Cereal Variety</p> <p>Elementary Bag Lunch Tuna Salad</p> <p style="text-align: right;">March 26</p>
<p>Nachos with Taco Meat Inside Salsa Corn Lettuce &amp; Tomato Chilled Pineapple or 100% Juice Milk</p> <p><u>Breakfast:</u> Juice, Milk Cereal Variety</p> <p>Elementary Bag Lunch Cereal Lunch</p> <p style="text-align: right;">March 29</p>	<p>Hot Dog on a Bun Tossed Salad Oven Potatoes Carrot Sticks Peaches &amp; Cream or 100% Juice Milk</p> <p><u>Breakfast:</u> Juice, Milk Muffin</p> <p>Elementary Bag Lunch Bagel Lunch</p> <p style="text-align: right;">March 30</p>	<p>Pasta with Meat Sauce Garden Salad Mixed Vegetable Applesauce or 100% Juice Milk</p> <p><u>Breakfast:</u> 100% Juice, Milk Cereal Variety or Whole Grain Pop-Tart®</p> <p>Elementary Bag Lunch Peanut Butter &amp; Fluff</p> <p style="text-align: right;">March 31</p>	<p><u>April Fool's Day</u> Cheese Pizza Garden Salad Coined Carrots Chilled Pears or 100% Juice Fool's Dessert Milk <u>Breakfast:</u> Juice, Milk Pancakes</p> <p>Elementary Bag Lunch Egg Salad Sandwich</p> <p style="text-align: right;">April 1</p>	<p><b>No School Good Friday</b></p> <p style="text-align: right;">April 2</p>



In the Mansfield Food Services Department, we provide healthy, safe, and economical meals to our customers. We constantly strive to reduce costs, minimize waste, and incorporate available resources while being conscious of our environment. The creative culinary skills of our staff members are used to encourage proper nutrition and compliment the educational programs in our schools. We take pride in our work and hope you will allow us to continue to serve your children now and in the future.

